

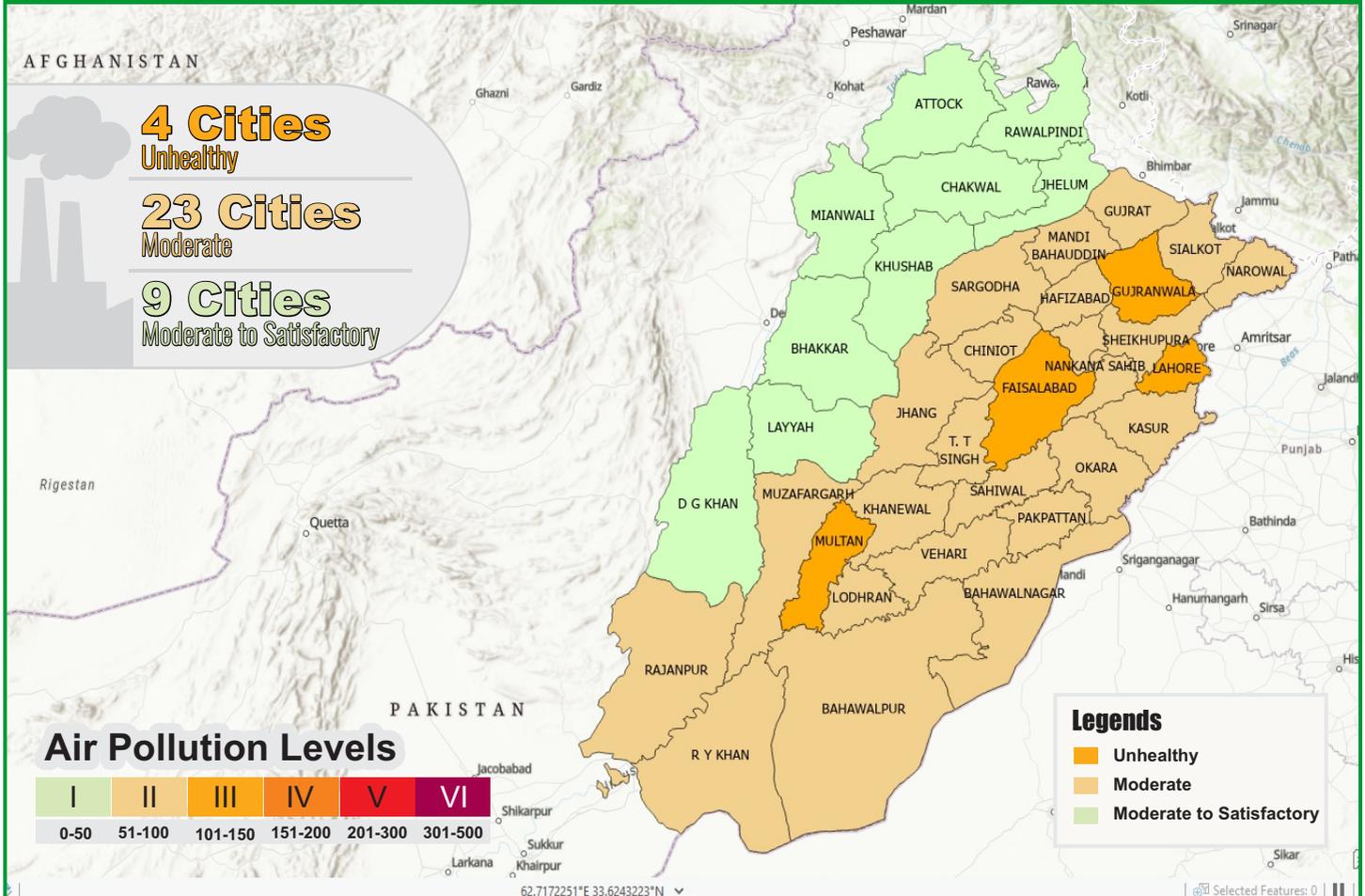


PUNJAB SMOG FORECAST (17-24 NOV, 2023)

Developed by National Emergency Operations Centre

National Disaster Management Authority

Dated: 17 Nov, 2023



Smog Weekly Advisory

- Based on prevailing dry and cold conditions, the Air pollution (AQI) levels are forecasted to reach unhealthy in the areas of Punjab, particularly in cities such as **Lahore, Faisalabad, Gujranwala, and Multan**.
- However, the AQI is expected moderate to satisfactory in the remaining areas of Punjab.

Precaution Measures against Smog:

- Limit outdoor activities, and spend more time indoors during smoggy days.
- Wear masks when going outside to reduce inhalation of smog particles.
- Stay informed about local air quality levels and follow recommendations from authorities.
- Drink plenty of water to keep your respiratory system hydrated.